

 **SOCIAL JUSTICE IN DUPAGE**

at the Two Thirteen Building

Join us for a discussion forum on

A Plant Based Diet

Save Your Life & The World



7 p.m. Wednesday, January 18, 2012
213 S. Wheaton Ave., Wheaton, IL

The US is faced with widespread rates of cancer, heart disease, obesity, diabetes, etc. The world is also facing a looming global warming crisis. Attend this presentation and learn how both of these major problems can be solved if we begin making healthier food choices.

Dr. Michelle Brannick, a Vermont licensed Naturopathic Physician and Illinois licensed Chiropractor, will speak about “Eating For Health”, followed by a presentation on why if the world switched to primarily a plant based diet we could reduce our carbon footprint enough to stop global warming in its tracks.

Free and open to the public

This event is sponsored by Social Justice in DuPage

Please also plan to attend the Just Views, <http://jv.dupagepeacethroughjustice.org/>, viewing of the documentary "Forks over Knives" which has the same theme as this discussion forum. This documentary will be shown 7:20pm Friday, February 10, 2012 at the Unitarian Church (DUUC) in Naperville IL at 4 S 535 Old Naperville Road.